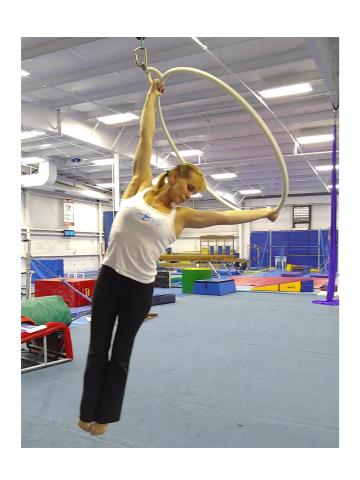
Hoop Oblique Crunches (Both Arms)







© 2016 Dragonfly Aerial CompanyTM